**Freshman Service Hours Form**

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Graduation Year: \_\_\_\_\_\_\_\_\_\_\_\_

**Area of Service (please circle):**

**Church PCHS Catholic Charities/NESK Non-profit**

**St. Luke’s NEW Life Center Other (please specify): \_\_\_\_\_\_\_\_\_\_\_**

Description of Service Provided:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date of Service Provided: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**To be filled out by a volunteer coordinator:**

This document confirms that \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

has completed a total of \_\_\_\_\_\_\_\_\_\_ hours of unpaid service.

Contact Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Authorized Signature

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date

This form should be signed by the authorized adult at the time the service is performed. **Both sides of the form must be completed in order for students to receive credit for service hours**  Please submit this form to the Service Hour Station in the library when completed.

Service Hour Requirements:

 **Freshmen** – 10 hours per year to be done at Church, Powers Catholic, Catholic Charities/NESK, or St. Luke’s NEW Life Center

**Sophomores**- 10 hours per year to be done at Church, Powers Catholic, Catholic Charities/NESK, St. Luke’s NEW Life Center, any Non-Profit Organization, or Any Service Organization (i.e. nursing homes, schools, etc.)

 **Juniors** - 10 hours per year to be done at Church, Powers Catholic, Catholic Charities/NESK, St. Luke’s NEW Life Center, any Non-Profit Organization, or Any Service Organization (i.e. nursing homes, schools, etc.)(effective until 2022 then Capstone Service Day will be added)

 **Seniors** will complete their Capstone service project.

**Now that you have completed your service hours, you are ready to reflect on your experience. This must be a well thought out paragraph (6-8 sentences minimum). Include specific examples from your service experience.**

* Explain why you chose to do the project(s) that you did and include what individual or community need were you attempting to meet?
* What thoughts or feelings did you have BEFORE doing your service? Why?
* What did you actually do? What were your responsibilities? How did this help the organization?
* What parts were difficult, challenging or uncomfortable? Why?
* How did you encounter the presence of Christ in this service opportunity?